

## **“Get up! Pick up your mat and walk”**

The physical body is only a tent or instrument where our eternal spiritual body dwells temporarily. More important than the physical body is the life inside the body and the eternal fruit that is bore from that life. Regardless of the state of the body which God gave us, if we could use our body to glorify Him, bless our eternal life, then the function and purpose of the body has been fulfilled. It is important to first understand this perspective in the ministry of physical healing. Then will be able to resolve many contradictions that always arise in the process of healing ministry and also bring about beautiful healing effects which are driven by God.

### **1. First, we need to understand a few important facts**

- 1) Our body is an instrument given to us by God during our temporary stay on earth for the sake of His personal glory and also to bless us <Ro 14:7-9; 2Co 4:7-10, 16>
- 2) Every strand of hair and every cell is being accounted for by God, and is also under the control of God <Mt 10:29, 30>
- 3) God also greatly values the health of our body and its sanctity <1Co 3:16-17>
- 4) There is a spiritual background and reason to all physical illnesses <Ge 3:16-19>
- 5) If anyone is in Christ, He is fundamentally healed from all illnesses. Instead, there is another significance <Isa 53:5>
- 6) In the whole process of the healing ministry, there is a need to search for God’s perfect will through the spectrum of the eternal Kingdom and God’s plan <Job 19:26>
- 7) Compared to physical healing, God instead places more value on the healing process and procedure where our lives undergo changes <2Ki 5:1-14>
- 8) In the whole timetable of healing, God has great plans for the sick person, his family and people around him <Jn 11:1-15>
- 9) Compared to God’s one shot miraculous healing, God instead uses more of healing methods that are more “natural and gradual” <Mt 12:39>
- 10) The reason which God allows the contraction and healing of illness, will be uncovered through a renewed life and living after healing <Ac 3:8-10>

### **2. Accurate diagnosis will bring about complete healing**

- 1) In principle, all illnesses are related to the works of Satan <Job 2:1-10; 2Co 12:6-10>
- 2) Some of the physical illnesses come directly from the attack of the devil <Mt 9:32, 12:22, 17:15; Ac 8:4-8>
- 3) Many physical illnesses are related to the sins of men <Nu 16:46; Jn 5:14>
- 4) Anxieties and worries will also bring about physical illnesses <Pr 17:22, Ps 32:3>
- 5) There are also instances where God also give illnesses in the event where lives need to be renewed or when there are changes to ministries <Ex 4:24-26>
- 6) There are also instances where illnesses are also permitted to bless the family of the sick and the people around <Ac 9:32-35>
- 7) There are also instances where God permits a “thorn in the flesh” to show that God’s power is made perfect in the weaknesses of the minister <2Co 12:7>
- 8) There are also instances where illnesses are planned by God to exemplify His glory <Jn 9:3, 11:4>
- 9) There are also instances where illnesses come due to aging. As our bodies degenerate, we will receive the eternal resurrected body that God has planned in time to come <2Co 4:16>

### **3. Only an accurate healing prescription and procedure will bring about fundamental treatment**

- 1) Get the sick person to understand that God thoroughly knows and fully controls the physical state of health <Mt 10:29, 30>
- 2) Get the sick person to receive faith that all diseases can be healed in Christ <Jn 5:6; Mk 9:23>
- 3) Get the sick person to believe that by receiving Christ, he will be healed after sins are forgiven <Ro 10:10; Mt 9:2>
- 4) Christians who are sick to examine their own sins and repent. Illnesses are healed after being cleansed by the blood of Christ <Jas 5:14-16>
- 5) Learn to meditate on God's words. Will gradually be delivered from illness in the process of restoring faith and obeying <Heb 4:12; Mal 4:2>
- 6) Through fasting, concentration prayer, and upon willingness to renew or resolute lifetime direction, comes deliverance <Ac 9:17-19; Isa 58:6-11>
- 7) Do not pray for "the things on physical healing" but pray for the things that will glorify God and bless others through illness <Jn 11:4>
- 8) Cleanse the environment of the sick, and must also live a spirit-filled life that walk closely with God <Ro 13:13, Eph 5:15-21>
- 9) Concurrently, heed the advice of the doctor, accept medication and therapy treatment <Jn 9:6-7; 2Ti 5:23>

### **4. God's entire purpose is on the life and living after healing**

- 1) For the rest of our lives, we must take good care to manage and use our body for God's glory <1Co 6:20>
- 2) Be alert and careful to keep away from sins and to always use the precious blood of Christ to cleanse my own life <Jn 5:14; Mt 12:45>
- 3) Do not accept any anxieties, always keeping thankful and joyful hearts and minds <Php 4:4-7>
- 4) Continue to learn the word of God and obey. Converse with God to maintain a spirit-filled living <Eph 5:15-21>
- 5) Always associate with parts of Christ's body who have faith. Serve one another and build up my own life in love <Eph 4:16>
- 6) Use my own life's testimonies and gratitude to testify Christ and bless others
- 7) Strive to maintain a healthy and balanced living