

10/28/07; Today's Jesus #140

Could You Men Not Keep Watch With Me For One Hour?

- Mt 26:36-46; Lk 22:39-46; Mk 14:32-42 -

**** 開始的話:** 用禱告來作事, 則凡事都容易·輕省... 動員軍隊之後打仗/ 捆綁壯士後奪取家具/ 開道路後奔跑/ 開燈後作事... 一切失敗聖徒的共通點, 就是“不禱告”, 常常憂愁·懼怕·無能·無果之聖徒的特色, 就是“不禱告”, 他們“不禱告”的原因只有一個, 就是“不懂如何禱告”..

**** 讀經:** 太 26:36-46, 路 22:39-46

**** Beginning Remarks**

Do everything through prayers, and everything becomes easy to do. Fight after mobilizing the army / carry off the strong man's possessions after tying him up /run after hewing out a path /work after turning on the light. There is a common problem with all failed saints, which is, they “do not pray”. Saints who often worry, fear, feel incapable and unfruitful “do not pray”. They “do not pray” because they do not know “how to pray”. That's the only reason.

****Scripture Reading: Mt 26:36-46; Lk 22:39-46**

1. 主在客西馬尼, 作三次的集中禱告; 汗珠如大血點, 滴在地上<路 22:44>

最重要的時刻, 主耶穌基督作了最迫切的“集中禱告”, 因為這集中禱告蒙應允, 那人類歷史的頂點“十字架上的大工(難工)”就完美的成全了, 並帶來歷世歷代: 永遠的功效了...

1. In Gethsemane, the Lord made three concentrated prayers; great drops of sweat, like blood, came from him, falling to the earth <Lk22:44>

At the most important moment, Jesus Christ prayed his most eager “concentrated prayer”. This prayer, when heard and answered, marks the perfection of “the great work on the Cross” as the apogee of the entire human history and remains eternally effective throughout ages and generations.

1) 主耶穌的事工, 都是靠集中禱告而作的= 開始事工前<太 4:1-11>, 最後時刻<本文>, 揀選

12 使徒時<可 3:13>, 行五餅二魚神蹟後<約 6:15>

1) Jesus did all his work through his concentrated prayers = before starting his work for God<Mt:1-11>, the last moment<today's scripture>, when choosing his 12 apostles<Mk 3:13>,

after his miraculous work of “five barley loaves and two small fish<Jn 6:15>

- 2) 以色列集中禱告的威力= 逾越節夜裏的集中禱告-埃及頭生的被殺, 出埃及/ 過紅海時的集中禱告-將埃及殘餘勢力水葬/ 建立會幕前的集中禱告- 摩西在西乃山四十晝夜/ 戰敗亞瑪力人時的集中禱告<出 17:8-16>- 摩西舉手就得勝/ 過約但河之前三天的集中禱告<書 3:1-17> - 約但河倒流/ 征服耶利哥城之前七天集中禱告<書 6:1-27>- 耶利哥堅固的城塌陷

2) The power of Israelites' concentrated prayers = the concentrated prayer on the Passover night = Every firstborn in Egypt was killed, all Israelites exited Egypt/ the concentrated prayer at the crossing of the Red Sea – The remaining Egyptian forces were all drowned in the Sea/ the concentrated prayer before building the Tabernacle- Moses stayed on Mount Sinai for forty days and forty nights/ the concentrated prayer when defeating Amalekites <Exodus 17:8-16> - the Israelites were winning when Moses held up his hands / the concentrated prayer for three days before crossing the Jordan<Joshua 3:1-17> - The water reversed its flow/ the concentrated prayer for seven days before taking over Jericho<Joshua 6:1-27>- the strong city wall of Jericho collapsed

3) 聖徒禱告, 天上的軍隊被差派而來

- 今日經文<路 22:43> 有一位天使從天上顯現, 加添他(主耶穌)的力量
- <啓 8:3-5, 但 10:10-14, 王下 6:15-23, 徒 12:1-23, 太 18:11, 太 18:18-20>
- 禱告時發生的事(天使工作): 聖徒心靈變化→ 得著主的美意→ 順從· 交託→ 得著權柄能力
→ 看見生活現場· 周圍人的變化→ 看見神的美意成全
- 除了禱告, 怎能分開紅海, 潰滅耶利哥, 打開監獄門? = 除了禱告, 怎能除滅魔鬼, 怎能改變我的心靈, 醫治身心靈, 改變我的未來, 祝福所愛的人?
- 除了天使的工作, 怎能叫我的禱告帶來“超時空· 超自然· 超能力”的果效?
- * 每當我禱告時, 有否意識到“天使的工作”? 看見他們的工作? 可以舉個例子來說明?

3) When saints pray, the army of heaven will be sent down to help

- Today's scripture<Lk 22:43> And an angel from heaven came to him, to give him (Jesus Christ) strength.
- <Revelation 8:3-5, Daniel 10:10-14, 2 Kings 6:15-23, Acts 12:1-23, Mt 18:11, Mt 18:18-20>
- What happens during prayer (Angels are working): A Saint' heart changes → gets to know God's good will→ entrusts and surrenders in obedience → gains authority and ability → sees the changes in various fields of his life and the people around him → sees how God's good will is accomplished
- But for praying, how would the Red Sea have been parted, Jericho defeated and destroyed, or the prison door opened? = But for praying, how could I destroy the evil, change my heart and mind, heal my body, soul and spirit, change my future, and bless the people I love?
- Without the work of the angels, how could I achieve the effect that “transcends time and space, the natural and human ability”?
- * When I pray, am I aware of the “work of the angels”? Can I see their work? Can I give an

example?

4) 需要集中禱告的時刻

- ① 人生的轉捩點<徒 9:1-22>- 得著蒙福的方向, 打開大道路
- ② 要面對重要事前<徒 13:1-3>- 捆綁黑暗勢力的誹謗
- ③ 問題· 阻擋<徒 16:6-10, 賽 58:6>- 鬆開凶惡的繩, 解下軛上的索, 得著“又大又難”的事
- ④ 為被鬼捆綁或騷擾之人的代禱<徒 16:16-18, 可 9:29>- 天上的軍隊被差來, 作工

4) The time when you need concentrated prayer

- ① At the turning point of your life<Acts 9:1-22>- get the blessed directions, open up the highway
- ② Before facing the important events<Acts 13:1-3>- tie up the defamation from the power of darkness
- ③ Problems· obstruction<Acts 16:6-10, Isaiah 58:6> loose the chains of injustice and untie the cords of the yoke, acquire the “greater and more difficult” things
- ④ When praying for people possessed of and disturbed by demons <Acts 16:16-18, Mk 9:29>- The heavenly host will be sent to work.

2. 倘若可行, 求你叫這杯離開我, 然而不要照我的意思, 只要照你的意思

集中禱告, 是屬靈的爭戰, 得勝的秘訣, 就是“順服父神的美意” ..

2. *If it is possible, may this cup be taken from me. Yet not as I will, but as you will.*

Concentrated prayers are spiritual wars; the secret to victory is to submit to “God’s good will”..

1) 主耶穌的痛苦, 順從, 得勝

① 主的痛苦 受試探: “倘若可行, 求你叫這杯離開我”

- 十字架的痛苦: 替自己的肢體(羊群/聖民), 受到最嚴重的咒詛= 天·地·人都咒詛祂, 父神也離棄祂<太 27:46> “我的神, 我的神, 為甚麼離棄我?”
- 主一生的事工, 都是在受試探裏進行<太 4:1-11, 約 6:15, 太 16:22, 17:4, 26:39, 27:38-44>

1) Jesus Christ’s pain, obedience and victory

The Lord’s pain (being tempted): “If it is possible, may this cup be taken from me”

- the pains on the Cross: received the greatest condemnation for his limbs (flock of sheep/saints)=heaven, earth, and man all condemned him; even Heavenly Father forsook him<Mt 27:46> “Eloi, Eloi, lama sabachthani? that is, My God, my God, why have you forsaken me?”
- the Lord did all his work in face of temptation <Mt 4:1-11, Jn 6:15, Mt 16:22, 17:4, 26:39, 27:38-44>

② 主的順從和得勝: “然而不要照我的意思, 只要照你的意思”

- 主勝過一切的試探而打敗撒但了: “撒但退去罷! 當拜主你的神, 單要事奉祂” <太 4:10>
“撒但退我後邊去罷! 你是絆我腳的, 因為你不體貼神的意思, 只體貼人的意思<太 16:23>
- 每當主耶穌受試探時, 都用“父神的話語”擊敗撒但: “經上記著說...” <太 4:4, 7>

The Lord's submission and victory: "Yet not as I will, but as you will."

- The Lord triumphed over all the temptations and defeated Satan: "Away from me, Satan! Worship the Lord your God, and serve him only." <Mt 4:10>

- "Get behind me, Satan! You are a stumbling block to me; you do not have in mind the things of God, but the things of men." <Mt 16:23>

- Whenever Lord Jesus was tempted, he always used "Father's words" to defeat Satan: "It is written ..." <Mt 4:4,7>

③ 凡成爲基督身體的, 都要面對試探, 但已經學習了基督的順從的人, 與祂一同得生命, 享受權能, 得冠冕= 主基督, 藉著今日跟從他的門徒, 仍然得勝

<來 5:7-9> "基督在肉體的時候, 既大聲哀哭, 流淚禱告懇求那能救他免死的主, 就因他的虔誠, 蒙了應允. 他雖然爲兒子, 還是因所受的苦難學了順從. 他既得以完全, 就爲凡順從他的人, 成了永遠得救的根源"

<腓 2:5-11> "你們當以基督耶穌的心爲心... 祂本有神的形像... 既有人的樣子, 就自己卑微, 存心順服以致於死, 且死在十字架上.. 所以神將他升爲至高, 又賜給他那超乎萬名之上的名, 叫一切在天上的· 地上的· 和地底下的, 因耶穌的名, 無不屈膝, 無不口稱耶穌基督爲主, 使榮耀歸與父神.."

He who becomes Jesus' body has to face temptations. But he who has learned Jesus' submission will receive life, enjoy authority and power, and obtain crowns = Lord Christ still triumphs through his followers today.

<Hebrews 5:7-9> *During the days of Jesus' life on earth, he offered up prayers and petitions with loud cries and tears to the one who could save him from death, and he was heard because of his reverent submission. Although he was a son, he learned obedience from what he suffered and, once made perfect, he became the source of eternal salvation for all who obey him."*

<Philippians 2:5-11> *"Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death—even death on a cross. Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."*

2) 軟弱的門徒, 怎能變爲 "大能的使徒" ?

- 當使徒們明白 "死而復活" 的奧秘<徒 1:1-4>, 抓住 "一生的目標和應許(大使命)" <徒 1:5-11>, 回復 "禱告" 的奧秘<徒 1:13-14>, 得著 "聖靈充滿" <徒 2:1-4>, 有能力的見證主<徒 2:14-36>, 看見神的同在和作爲, 神蹟異能跟隨他們<2:37-47, 3:1-28:30>

2) How can the weak disciples become "apostles with great ability"?

- When apostles understand the secret of "death and resurrection"<Acts 1:1-4>, grasp "their life's goal and promise (the great mission)" <Acts 1:5-11>, restore to the secret of "prayer"<Acts 1:13-14>, be filled with "Holy Spirit" <Acts 2:1-4> and empowered to witness the Lord <Acts 2:14-36>, see God's work and presence, be followed by divine powers and supernatural abilities

<2:37-47, 3:1-28:30>

3) 集中禱告蒙應允的秘訣，就在於 “得著主的美意而順從”

* 集中禱告是 “與那些執政的· 掌權的· 管轄幽暗世界的· 天空屬靈氣的惡魔” 爭戰的<弗 6:12>
我們都要跟主基督和使徒學習, “明白父的美意而順從”, 就能得勝, 也帶來 “神蹟異能”

① 出死入生的順從<約1:12, 羅 6:1-11, 弗 2:1-10>

- 看透世界· 肉體· 撒但的捆綁(悔改), 願意與基督同死同復活(受洗), 得著基督的生命(重生)

② 蒙得基業的順從<太 6:33, 創12:1-3, 太 28:18-20>

- 回復天國· 永遠的異象, 堅定終身的目標, 願意尋找神在我身上的美意

③ 除滅問題的順從<羅 8:28, 雅 1:2-8, 腓 3:7-14, 4:9-13, 太 12:28>

- 得著定見(重生· 應許· 主的教導), 在一切問題裏, 得著基督的美意而順從· 交託主

④ 聖靈充滿的順從<加 2:20, 5:16-24, 帖前 5:16-19>

- 丟棄肉體的事, 要順從聖靈所賜的心

⑤ 保持能力的順從<羅 12:1-2, 弗 5:15-21, 腓 4:4-7>

- 將身體當作活祭(基督身體· 聖靈的殿), 隨時隨事察驗主的美意而跟從, 口唱心和地見證主

3) The secret of your concentrated prayers being answered lies in your “knowing God’s good will and submitting thereto”

* Concentrated prayers are fights against “the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms”
<Ephesians 6:12>

We all have to learn from Lord Christ and his apostles to “know God’s good will and submit ourselves” thereby performing wonders and miraculous signs.

① The submission in dying to live <Jn 1:12, Rom 6:1-11, Eph 2:1-10>

- Seeing through world, flesh, Satan’s bondage (repentance), willing to die and resurrect with Christ (baptism), receiving life of Christ (born again)

② The submission leading to receipt of inheritance <Mt 6:33, Genesis 12:1-3, Mt 28:18-20>

- Restored to the Kingdom and the eternal vision, reaffirm lifelong goal, willing to seek God’s good will in me

③ The submission leading to elimination of all problems <Romans 8:28, James 1:2-8, Philippians 3:7-14, 4:9-13, Mt 12:28>

- Gain single-mindedness (about regeneration, promise and the Lord’s teaching); in all the problems, seek and find Christ’s good will and submit; trust in the Lord

④ The submission leading to being filled with Holy Spirit <Galatians 2:20, 5:16-24, I Thessalonians 5:16-19>

- give up things of the flesh, follow the heart given by Holy spirit

⑤ The submission leading to keeping your ability <Romans 12:1-2, Ephesians 5:15-21, Philippians 4:4-7>

- offer our bodies as living sacrifices (body of Christ, the temple for Holy Spirit); test and approve God’s good will and follow God’s will anytime; and sing and make music in our hearts in testimony of the Lord

3. 總要做醒禱告, 免得入了迷惑; 你們心靈固然願意, 肉體卻軟弱了

聖徒所遭遇的問題, 並不是自己所認為的“健康· 財物· 配偶· 兒女· 人際”等的問題, 乃是“不禱告”的一個問題; 一個聖徒只掌握了“做醒禱告”的理由和奧秘, 則能渡過“最容易· 最輕省· 最豐富”的人生..

3. Watch and pray so that you will not fall into temptation. The spirit is willing, , but the body is weak.

The problems that saints encounter are not those of “health, wealth, spouses, children, and relationships with others” but one of “not praying”. As long as he has grasped the reason for and secret to “watching and praying”, a saint will live the easiest, the least burdensome and the most abundant life.

1) 魔鬼最大的攻擊

- ① 不求<雅 4:2> 門徒都睡覺了/ 聖徒沒有信心祈求/ 只懂得膽心, 常常忘記禱告而得
- ② 蒙蔽而妄求<雅 4:3> 按著老我的意念· 動機而祈求 彼得的軟弱<太 16:22, 17:4, 26:35>
- ③ 欺騙· 控告· 迷路<太 4:1-11> 當耶穌基督禱告時, 魔鬼也用神的話試探主/ <雅 1:5-8>
沒有定見的禱告(無根無基= 無身份· 無方向· 無應許· 無證據), 無法得著主的美意
- ④ 明白主的美意而不順從<撒 15:22> “聽從勝於獻祭, 順從勝於公羊的脂油”
<創 34 章> 雅各不順從神的話(必回伯特利=要以祭壇中心生活), 停留示劍而遭危機

1) The greatest attack from Satan

① *Do not ask* <James 4:2> all the apostles are asleep/ saints do not ask in faith / they only know how to worry and they often forget to pray in order to receive

② *Ask with wrong motives because of having been deceived* <James 4:3> always ask with my own motives and will, Peter’s weakness <Mt 16:22, 17:4, 26:35>

③ *Deception, accusation and getting lost* <Mt 4:1-11> When Jesus Christ prayed, Satan tempted him with God’s words/ <James 1:5-8>

Prayer without the single-mindedness (rootless and without basis = with no identity, direction, promise or evidence) will not lead to the receipt of God’s good will.

④ *Knowing God’s good will but not willing to submit to it* <1 Samuel 15:22> “To obey is better than sacrifice, and to heed is better than the fat of rams.”

<Genesis 34> Jacob did not listen to God (must return to Bethel=live the altar-centered life) but stopped over at Shechem and endangered himself.

2) 聖徒不可任憑“心靈睡眠”的狀態, “總要做醒禱告, 免得入了迷惑”

* 在本文裏, 主的門徒們的心靈狀態, 然後所遭遇的事情(血氣· 逃跑· 不認主· 懼怕· 無能·)

* 在所多瑪城裏的羅得/ 停留在示劍的雅各/ 放縱肉體的大衛/ 歷世歷代以色列的失敗

是否我的心靈正在睡眠狀態? 如何診斷? → 不想禱告? 不飢渴靈糧? 興趣· 關心在肉體· 世界· 短暫之事? 看不見神的同在? 聽不到主的吩咐? 生活無聊· 無能· 無果? 發生許多矛盾? 遇到倒楣的人· 事情· 情況? 對明天有所不安· 懼怕· 憂慮?

2) Saints cannot afford to disregard “the hibernated state” of their hearts and soul but always “Keep watch with prayer, so that you will not fall into temptation.”

* In today’s scripture, compare the state of the apostles’ hearts and soul with their encounters later (impulses, escape, disowning of the Lord, fear, inability...)

* Lot in Sodom/ Jacob tarrying at Shechem/ David indulging in desires of the flesh / the failures of Israel over generations

Are my heart and soul in the state of hibernation? How to diagnose? → Do not want to pray? Do not hunger and thirst for spiritual food? Interested in the flesh, the world and the temporal? Fail to see God's presence? Fail to hear the Lord's commands? Live a meaningless, powerless and fruitless life? Experience a lot of contradictions? Run in with the wrong crowd, things, and situations? Have anxiety, fear and worry for tomorrow?

3) “心靈固然願意，肉體卻軟弱了”；所以要怎麼辦？

① 必要建立生命·生活的運作系統，才能得著“保護·保持”

- 建立“生命思想系統” → 要得著主耶穌的“世界觀·價值觀·人生觀”
- 堅定“生活的中心點” → 榮神益人建國(四大福音化)/ 享受“以馬內利·天國”
- 定出“生活的優先程序” → 屬靈>肉體，永遠>短暫，天國>世界，我的蒙恩>干涉別人
- 以“禱告·祭壇·肢體”為中心，運作每週每天生活 → 得醫治·得恩賜·得基業·得貴人貴事
- 定時禱告 → 隨時禱告 → 集中禱告 → 隨時禱告

3) “the spirit is willing, but the body is weak”; what to do about it?

① Must build up an operation system for your life and living so as to be able to “protect and keep”

- build up “a system for life and ideology” → gain Jesus' “view on world, value and life”
- strengthen your view on “the focal point of life” → glorify God, benefit people and build up the Kingdom (The four evangelizations)/ enjoy “Emanuel, Kingdom”
- work out the “priorities of life” → spiritual > flesh, eternal > transient, Kingdom > world, my receiving grace from God > interfere in others' affairs
- everyday, every week, life centers on “prayer, altar and limbs” → get healed, receive gifts and inheritance, meet honored people and run into honorable things
- pray at designated time → Pray anytime → pray with special concentration → Pray anytime

② 特別，遇到“心靈沈悶·無聊·無力·灰心”而不想禱告·不想追求的時候<王上 19:1-8>

* 需要一套秘訣，使自己能脫離那種狀態

以利亞的方法=> 求死→ 主差派天使幫助他→ 給他充分休息→ 叫他喫餅喝水→ 吩咐他到何烈山去→ 走了四十晝夜也不困倦→ 朝見神·得著神又大又難的計劃→ 成全主的美意

李牧師的方法: 簡單的禱告一句“求主幫助我” → 喫喝所喜歡的飲食·肉身需要充分休息→ 聽平時尊敬的神僕所傳講的信息或聖經誦讀卡帶→ 看見自己心靈裏的變化(能力·平安)→ 思想自己的蒙召·所蒙受一生的異象，也思想過去主所作偉大的作為，及將來主要成就的事，看見主正在所作尊貴的工作(貴人·貴事·貴境/ 感恩·讚美)→ 已經禱告開始了，聽見主的聲音了，看見主的幫助了，進入集中禱告的境界(靠著神的話·基督·聖靈所賜的權柄，趕鬼，回復身心

靈的力量/ 得著主的信息·吩咐而順從)→ 與主同行，見證主，祝福人，幫助人

←→ 生命生活還未建立“正確系統(Format)”·無異象·無中心·不順從的人，則無法得著其秘訣

② Especially when not wanting to pray and to seek because “feeling depressed, bored, incapable and discouraged <1 King 19:1-8>

* you need a set of secrets in order to get yourself out

Elijah's method=seek death→ God sent an angel to help him→ let him have enough rest→ made him eat and drink→ ordered him to go to Mt. Horeb → not tired even after walking for forty days and forty nights→ saw God, obtained the God's great and more difficult plan→ accomplished God's good will

Pastor Lee's way: a simple prayer of "Lord, help me"→eat and drink what I love for my body needs plenty of rest → listen to messages by God's servants that I respect or audio bible→witness changes in my spirit (power and peace)→dwell on my calling and the lifelong vision I have received, think about the great work the Lord has done in the past and what he will accomplish in the future, witness the honored work the Lord is doing (the honored people, things, circumstances/thanksgiving and praise)→I have already begun my prayer and am hearing his voice and seeing his help and entering into a state of concentrated prayer (driving out demons by God's word, Christ, and the power and authority from the H.S., having been restored to strength of the body, mind and soul/ received God's message and command and follow)→walk with the Lord and witness to him and bless people and help them

←> those will never receive such secrets who have no formatted system for life and living, therefore no vision and no focus, and refuse to submit themselves.

4) 主已經將父神的美意· 聖靈和天國的奧秘· 永遠未來的事, 都告訴我們了, 藉著死而復活已經永遠得勝, 正坐在寶座右邊, 為我們代禱<羅 8:26-27, 34, 來 7:25>

←→ 聖徒在個人· 家庭· 人際· 工作· 事工上所遭遇一切失敗, 都是因為一個的失敗

= 禱告的失敗: "不禱告· 不懂如何禱告" → 因為不認識基督, 不想禱告, 不懂禱告

=> 最正確的認識基督= 從 "在基督裏, 如何能享受禱告能力" 的角度, 試圖認識基督, 則會遇見最正確· 最實際· 最豐富· 最權能的基督

The Lord has already revealed to us God our Father's good will, the secrets of the H.S. and the Kingdom, and things of the future and eternity; he who has triumphed forever, through his death and resurrection, is now sitting at the right hand of the throne and praying for us. <Rom 8:26-27, 34; Heb. 7:25>

←> The failures of a saint vis-à-vis himself, family, relationships, work, ministries are but one, i.e., he "does not pray" and "does not know how to pray"→because he does not know Christ, he does not want to pray and he does not know how to pray.

=>Knowing Christ in the most correct way=from the perspective of "how to enjoy the power of prayers in Christ", try to know Christ and you'll be able to meet Christ of the most correct, the most practical, the most abundant and the most powerful.

** **結束的話:** 從今以後, 要過 "容易· 輕省· 豐盛" 的人生, 要盡享 "已在我身上" 的君王的權柄· 軍隊的勢力· 策士的智慧, 一生的學習集中於 "如何禱告而得" 的聖徒, 則最聰明· 最蒙恩的聖徒...

Concluding Remarks: From today on, live the easiest, the least burdensome and the most abundant life" and enjoy the power and authority of the King "already in me", the power of the army, and the wisdom of the counselor; saints who focus their lifelong learning on "how to pray to receive" are the smartest and most blessed.

**** 本週祭壇禱告題目 ** Prayer Topics of the Week**

1) 主在客西馬尼，作三次的集中禱告(集中禱告的威力): 診斷: 目前, 我喜不喜愛禱告? 禱告帶來如何的功效? 在我一生中, 有否過清楚看見“集中禱告所帶來的功效”的經歷? 我明白何時應該要集中禱告?

At Gethsemane, **the Lord made three concentrated prayers (power of the concentrated prayers):** Diagnose whether at present I love praying? What effects do I experience with my prayers? In my life, have I experienced clearly “the effects of concentrated prayers”? Do I know when to pray a concentrated prayer?

2) 然而不要照我的意思，只要照你的意思(集中禱告的秘訣): 我已經掌握了“大綱2, 小題3)”所講“順從父神美意”的秘訣麼? 目前, 有否還未蒙應允的禱告內容? 在默想禱告或請教“在前的肢體”的方法, 尋找其原因而解決吧!

Yet not as I will, but as you will (secret to concentrated prayers): Have I grasped the secrets described in Outline #2 (3) of “submitting to God our Father’s good will”? At present what is it that the Lord has not answered? Please continue to meditate on prayers or ask help from those who are ahead and identify the reasons (for prayers not answered) for solution!

3) 總要做醒禱告，免得入了迷惑(如何保持做醒禱告): 我有否感覺到“有一股勢力”時常妨害我的禱告? 每當遇到“不想讀經· 不想禱告· 不想聚會· 不想事奉”的時候, 我用何法來克服其惡魔的攻擊? 請與肢體們彼此分享自己的秘訣和經歷.

Watch and pray so that you will not fall into temptation: Do I feel that there is “a power” that often prevents from praying? Whenever I “don’t feel like reading the Bible, praying, fellowship or serving”, what do I do to overcome Satan’s attack? Please share with one another your secrets and experiences.